

July 26th, 2020 17th Sunday in Ordinary Time

An Ever-growing Eucharistic Community Boldly Serving Others Through Gods Love

Sacrament of Reconciliation:

Saturdays: 6:30 pm - 7:30 pm

Daily Mass: 8:30 am Monday - Friday

Weekend Mass Schuedule

Saturday 8:00 pm

Sunday: 8:00 am

10:30 am

Sunday Mass can be viewed on our

website: rescathroch.org

Office Hours Mon-Fri 9:00 am - 4:00 pm

1600 11th Ave SE Rochester MN, 55904 • 507-288-5528 • www.rescathroch.org



Weekly Words from The Rock

My Catholic Life has a series of questions and answers on the Catholic Faith. It can be found at the site "Catholic Questions and Answers: Questions and Answers from My Catholic Life!" I am going to share with you some of their questions and answers in the weeks ahead.

Q. Do I need to go to confession before taking Communion if I miss Sunday Mass due to going on vacation?

A. Yes, most likely, at least an honest attempt must be made, but let's clarify. It's not necessarily a black and white answer.

The quick answer is that if you committed a mortal sin, then yes, you should go to confession prior to receiving Holy Communion if possible. But let's look at this in more detail.

The first question is this: Have you committed a mortal sin? Well, if you did a grave action, you had full knowledge that it was seriously wrong, and you did it anyway with complete consent of the will, then, yes, you committed a mortal sin. If one of these three factors was lacking, then it may still be a grave violation of God's law, but you may not be morally culpable for your actions.

Let's look at these three factors in regards to your question:

- 1. Is it grave matter to miss Sunday Mass? Yes it is. It's a violation of the Third Commandment.
- 2. Did you have full knowledge that this was a grave violation? This is for you to decide. After reading this you certainly do, but what about prior to reading this? What was your honest understanding? If you were ignorant of this command from our Lord, through no fault of your own, then your guilt for missing Sunday Mass may have been lessened.
- 3. Did you miss the Mass with full consent of the will?

For example, if you were driving there and your car broke down, you did not intentionally miss Mass. In this case, it's not a mortal sin and may not even be a sin at all even though the Third Commandment was violated in an objective sense.

What's important to understand is that for a sin to be mortal, and therefore exclude us from receiving Holy Communion, we must be fully guilty of the action. God knows the full picture and will judge accordingly. Be honest with yourself and with God and admit your guilt when it is there. Do not be afraid to refrain from Communion if you are aware of serious sin and have not chosen to confess it yet. Refraining, in this case, is far better for your soul than going to Communion. With that said, Canon Law does allow for someone who has committed grave sin to receive Communion under certain conditions. The canon says this:

Can. 916 A person who is conscious of grave sin is not to celebrate Mass or receive the body of the Lord without previous sacramental confession unless there is a grave reason and there is no opportunity to confess; in this case the person is to remember the obligation to make an act of perfect contrition which includes the resolution of confessing as soon as possible.

That an act of perfect contrition, with certain other conditions, is enough to dispose you to receive Communion after committing a mortal sin and before confessing it. For example:

- 1. You committed a grave sin,
- 2. You have a perfect contrition for that sin (meaning true sorrow flowing from your deep love of God),
- 3. You cannot get to a priest for confession prior to Sunday,
- 4. There is a "grave reason" that you are compelled to receive Communion that day,
- 5. You make a firm resolve to confess this grave sin the next time you have the reasonable opportunity,
- 6. Then the grace of the Sacrament has already begun to pour forth and you should go to Communion.

The best advice to offer is to avoid mortal sin and all will be well!

God's blessings! Father Peter Schuster, Pastor

Parish News

Starting Sunday, August 2nd, the 11:00 am Mass will be changed to 10:30 am. Church will be locked after Mass until 1:00 pm. No change in time for the 8:00 am Mass.

Attention Catholics ages 18 - 39. Please visit the newly remodeled website at rochester-catholicmn.org for information on events or activities such as virtual morning prayer, virtual rosary, Faith and Sports Night. Most parishes are still looking for volunteers to help with the celebration of Masses, so please contact your local parish to help; for Resurrection, call Michelle at 507 288-5528.

Helping Hand Coupons available to purchase in the church office - Society of St. Vincent de Paul joins Hy-Vee by providing grocery coupons that you can purchase to give to those in need in the Rochester area . The coupon is \$10 and can be redeemed at any Hy-Vee store in Rochester.

Resurrection's Summer 2020 Missionary Co-op. St. Mary's Mission School, Red Lake, Minnesota. "Change a Nation one saint at a time." We will be taking collection through August 2nd. Thank you for your support and please include Fr. Jerry and his Mission School community in your prayers. Checks can be written to Church of the Resurrection with a notation the funds are for St. Mary's Mission School.

The City of Rochester is asking that masks be worn in all public buildings, including churches. However, a person may have his/her mask off when seated in their pew so long as they are socially distanced. This information impacts all of us. When you leave the sanctuary, please wear your mask. If you have any other questions about these latest policies, please call the office at 507-288-5528.

Liturgical Ministries for Aug 1st/2nd

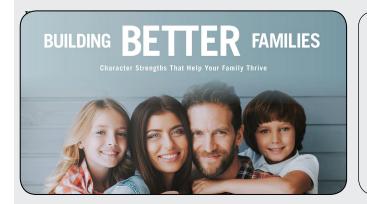
If unable to fulfill your ministry as scheduled, please find a substitute. Thank you.

Ministry Schedule as of July 14, 2020

Lectors 8:00 pm Therese Schoenfelder 8:00 am Alex Smith 10:30 am Regina Boehmke	Ushers 8:00 pm John Schoenfelder, Reilyn Schoenfelder 8:00 am Helen Alexander, Kenneth Mueller 10:30 am James Maronde, Jackie O'Connell
Greeters 8:00 pm Lee Witter, NOT FILLED 8:00 am Dianne Plager, NOT FILLED 10:30 am NOT FILLED, NOT FILLED	Sacristans 8:00 pm NOT FILLED 8:00 am NOT FILLED 10:30 am Brett Maronde

St. James Coffee- Yes, we are open for patrons. Our hours are 8 am-4 pm. Monday - Saturday. We are located at 4156 18th Ave NW; Website stjamescoffee.com. We have outside seating and a small amount of inside seating. Please follow the guidelines set forth by the CDC when occupying a space within the coffee shop. (Social distancing, only sit at the same table with members of the same household, and we would like to have only 4 people, at the most, at one table.) We took this time away to do an update to our space and we hope you enjoy the fresh, new look! Rob Norby was the master mind behind the remodel, and all of his work was done on a volunteer basis! His dedication and love of St. James Coffee just shines through his work. We owe him a debt of gratitude! Thank you!

ALL customers will use the provided hand sanitizer as they enter the shop. ALL baristas will wear masks. Baristas will be under COVID screening practices. Masks are HIGHLY recommended by the customers.



FORMED.ORG

Check out this series Building Better Families

Character Strengths that Help Your Family thrive

Joyful, healthy, productive, and successful—these are the responses we hear from parents when we ask the question, what do you want most for your kids?

We all know there is no magic formula for raising children. There are no shortcuts, no overnight solutions, and no parenthood manuals. However, with some intentionality and the tools we offer you, your family can have a great foundation for working together to build character strengths that increase the positive, intentional environment in your home. After years of research, we know that one of the best ways for your family to thrive is by growing in character strengths. Moral character and faith development cannot be outsourced to a school, church, or sports program. It must come from the parents

Formed.org is a wonderful website that has been called a "Catholic Netflix." FORMED has inspiring movies and video-based studies, music, audio talks and e-books from the Church's most compelling speakers and authors for all ages. Formed.org is free. You just need WiFi service and to register. You can register on our website, rescathroch.org. Formed.org is on the main screen, second slider. If you register on your own device, the Resurrection code is 1f82d9. Any questions, call the office at 507-288-5528.

Weekly Calendar with Readings

The dispensation from the obligation of Sunday Mass and Holy Days of Obligation remains in effect until further notice.

Monday
27

Jer 13:1-11/Dt 32:18-19, 20, 21 [cf. 18a]/Mt 13:31-35

- Daily Mass 8:30 am
- Office Walk in hours: 10:00 am 3:30 pm

Tuesday July

Jer 14:17-22/Ps 79:8, 9, 11 and 13 [9]/Mt 13:36-43

- Daily Mass 8:30 am
- Office Walk in hours: 10:00 am 3:30 pm
- Society of St. Vincent de Paul Meeting 7:00 pm

Wednesday

July

Jer 15:10, 16-21/Ps 34:2-3, 4-5, 6-7, 8-9, 10-11 [2]/Jn 11:19-27 or Lk 1

- Daily Mass 8:30 am
- Office Walk in hours: 10:00 am 3:30 pm
- Sacrament of Confirmation 6:30 pm (closed celebration; not a Public Mass)

Thursday July

Jer 18:1-6/Ps 146:1b-2, 3-4, 5-6ab [5a]/Mt 13:47-53

- Daily Mass 8:30 am
- Office Walk in hours: 10:00 am 3:30 pm

Friday July

Jer 26:1-9/Ps 69:5, 8-10, 14 [14c]/Mt 13:54-5

- Daily Mass 8:30 am
- Office Walk in hours: 10-:00 am 3:30 pm

Saturday August

Jer 26:11-16, 24/Ps 69:15-16, 30-31, 33-34 [14c]/Mt 14:1-12

- Sacrament of Reconciliation 6:30 pm 7:30 pm
- Mass 8:00 pm
- Church doors locked after Mass to clean and disinfect

Sunday

Is 55:1-3/Ps 145:8-9, 15-16, 17-18 [cf. 16]/Rom 8:35, 37-39/Mt 14:13-21

- Mass 8:00 am
- Church locked after Mass until 10:00 to clean and disinfect
- Mass 10:30 am
- Church locked after Mass until 1:00 pm to clean and disinfect

Community News

Make plans for a fall get-away with the one you love before your calendar fills up!!

A Marriage Encounter Weekend is a private weekend away from life's distractions that allows a husband and wife to focus on each other. The next available Weekends are Sep 25-27, 2020 in WINDOM, MN and Oct 16-18, 2020 in Marvin, SD. Early registration is highly recommended. For more information visit our website at: southmnwwme.org or contact Miki at applications@southmnwwme.org or 507-227-8229.

Men and women considering marriage yearn for certain things. They wantt be accepted unconditionally by each other. They want their marriage to be filled with love and happiness. They want a family. In short, they want their marriage to be a source of joy and fulfillment their whole life long. God's plan for marriage, from the time he first created human beings as male and female, has always included all this and more. What does the Catholic Church teach about married love? Marriage is more than a civil contract; it is a lifelong covenant of love between a man and a women. It is an intimate partnership in which husbands and wives learn to give and receive love unselfishly, and then teach their children to do so as well. Christian marriage in particular is a "great mystery", a sign of the love between Christ and his church (Eph 5:32)

Married love is powerfully embodied in the spouses relationship, when they most fully express what is means to become "one body" (Gn 2:24) or "one flesh" (Mk 10:8, Mt 19:6). The Church teaches the union of husband and wife is meant to express the full meaning of love, its power to bind a couple together and its openness to new life.

Mass Intentions

Mon	Jul 27	8:30 am	†William Talley
Tues	Jul 28	8:30 am	†Souls in Purgatory
Wed	Jul 29	8:30 am	†Doris Curley
Thu	Jul 30	8:30 am	†Lilia Guelas
Fri	Jul 31	8:30 am	†Raymond Shimak
Sat	Aug 1	8:00 pm	†Garald Goodman
Sun	Aug 2	8:00 am	†Rae Ann Vigen
Sun	Aug 3	10:30 am	For the Parish

St. Francis School News

Part-time Cafeteria positions available at St. Francis of Assisi School for the 2020-2021 school year. Please visit the Rochester Catholic Schools website (www.rcsmn.org) System Office tab, Employment for application information, or email our principal (bplenge@rcsmn.org) for more information. Positions begin August 17th with a New Employee orientation.

The staff at St. Francis is happy to share that a new secretary has been hired for St. Francis of Assisi School. Jessica Falk will work a couple days a week throughout July and then be in the office fulltime (8-4) beginning in August. Jessica's email is jfalk@rcsmn.org. She is on a steep learning curve following Deb, who was here for 27 years!

Our teachers and administrative leaders are working closely with the Diocese of Winona-Rochester and the state to determine how we safely and effectively bring our students back to the classroom this fall. Our face-to-face instruction will look different this fall, but we remain committed to bringing our students back for in-person learning. We will keep you informed as the re-opening plan continues to solidify.

Faith Formation



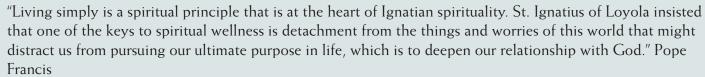
News from Stacey, Grades 1-5, Family Ministry, dre1to5fm@rescathroch.org or 288-5528 x108

Summer Saint: St. Ignatius of Loyola lived 1491-1556 and his feast day is July 31.

He is the patron saint of retreats. St. Ignatius wrote his Spiritual Exercises and he thought the Examen was a gift from God and God wanted him to share it with everyone. The Examen is a method of prayerful reflection on

the parts of the day in order to detect God's presence and discern his direction for us. The Examen is an ancient practice in the Church that can help us see God's hand at work in our life. Jesuits practice the Examen twice daily—at noon and at the end of the day. This is a version of the five-step Examen practiced by St. Ignatius:

- 1. Become aware of God's presence.
- 2. Review the day with gratitude.
- 3. Pay attention to your emotions.
- 4. Choose one feature of the day and pray from it.
- 5. Look toward tomorrow.



Here are some strategies for living more simply: eliminating clutter and excess possessions; consuming less; limiting time spent on social media; giving away possessions; simplifying your wardrobe; limiting buying and making fewer purchases; eating out less and brown-bagging it more; buying second-hand; spending more time in nature; and purchasing fair-trade products.



News from Sheila, Birth-KG; Grades 6-12, Children and Youth Ministry, RCIA dresscm@rescathroch.org or 288-5528, x 101

Can you believe that we are almost through the month of July! So far, my summer has been blessed with camping trips, bonfires, fireworks, grilling out, enjoying nature, spending time with family, a trip to the Shrine of Our Lady of Guadalupe on my birthday, seeing a comet, and getting a puppy this past weekend! It has been a mellow summer and yet it is still flying by!

In parish news, we will be celebrating confirmation on two separate nights. Wednesday, July 29th and Wednesday, August 5th. These are closed events and not open to the public. That being said, please continue to pray for the candidates as they move forward into full reception with the Catholic Church. Holy Spirit Come! Amen.

"In a world gone astray from God there is no peace, but it also lacks charity, which is true and perfect love... Nothing is more beautiful than love. Indeed, faith and hope will end when we die, whereas love, that is, charity, will last for eternity."

—Blessed Pier Giorgio Frassati

"We can study the whole history of salvation, we can study the whole of Theology, but without the Spirit we cannot understand. It is the Spirit that makes us realize the truth or—in the words of Our Lord—it is the Spirit that makes us know the voice of Jesus."

—Pope Francis

