



## SAFE RETURN TO FACILITY PROCEDURES FOR VOLUNTEER LEADERS ONLY

The purpose of these procedures is to ensure the safe participation of Resurrection volunteer leaders with their ministries activities within the Resurrection building and workspaces. For the purpose of understanding, the term “Resurrection leader” will be used to represent any members of parish leadership who are lay volunteers. The term “ministry” or “work” will be interchangeably used to represent any activity done by Resurrection leaders for the parish office, sacraments, faith formation classes, volunteer ministry groups, etc. These activities may involve contact with other persons or may require the Resurrection leader’s physical presence at the Resurrection facility. It is with the united commitment of every member of Resurrection leadership to these policies throughout their ministry activities that Resurrection may remain successful in minimizing and preventing unnecessary risk of exposure to the coronavirus disease 2019 (COVID-19). Changes to these policies may be made at a later time by the Pastor or Parish Administrator.

**Updated Procedures.** The Diocese of Winona-Rochester recently updated its Protocols for Resuming Mass and the Minnesota Department of Health have issued Executive Order 20-96, resources that are available from the Parish Administrator upon request. The CDC updated its definition of “close contact” which is now being within six feet of **an infected individual for a cumulative total of 15 minutes or more over a 24-hour period starting from two days before the illness onset until the time the patient isolated.** Please review all available resources and use to take precautionary steps as warranted.

**Returning to Resurrection.** When considering social and community engagements outside of their ministry activities, Resurrection leaders are expected to make responsible decisions following [all mandates from the Minnesota Department of Health](#) on behalf of their fellow leaders and ministry participants. As each Resurrection leader interacts in the community, they must observe the following procedure to determine whether and how they may safely return to their ministry activities and the Resurrection facility:

- **Consider the health of others around you, including members of your live-in household.** Did you experience close contact with anyone who exhibited symptoms of the COVID-19 virus? Symptoms to watch out for are shortness of breath, coughing, fever, muscle pain, headache, sore throat, chills, fatigue, runny nose or congestion, or loss of taste or smell. It may be easiest to observe others coughing, exhibiting signs fever, or treating a runny nose or congestion.
- **Consider your health after interacting in the community.** After any and all interactions in the community (i.e. trips to the grocery store, social gatherings of friends or family, community events, etc.) have you experienced shortness of breath, coughing, fever, muscle pain, headache, sore throat, chills, fatigue, runny nose or congestion, or loss of taste or smell?
- **Consider reports from community establishments about positive COVID-19 cases and exposures.** Is it confirmed that you were present at an establishment which reports a confirmed positive COVID-19 case at the time of your visit or activity there?

**If you answered “yes” to any of these questions,** isolate yourself from ministry activities and the Resurrection facility for 14 full days starting from the last time you had close contact with a person who has COVID-19 or observed the development of COVID-19 symptoms. Report to the Pastor and the Parish Administrator what you have experienced. They will consult you based on your level of exposure and any developing symptoms you have observed. They will advise you how to proceed based on the **SPECIFIC PROCEDURES** written below. Expect to be given support from Resurrection to suspend ministry activities or work remotely while you remain in isolation. Consider seeking consultation from your healthcare provider for the sake of your own health and those around you. Consultation with healthcare professionals may include instruction to pursue testing for COVID-19 or quarantine for 14 full days from the point of exposure. While testing is not mandatory for volunteers, Resurrection leaders are instructed to prioritize caution when given the option from healthcare professionals to seek COVID-19 testing or to continue isolation for any specific period of time. Go to [MN.gov/COVID19](https://mn.gov/COVID19) for information on screening symptoms and testing locations.

**SPECIFIC PROCEDURES,** to be observed by Resurrection leaders as they relate to their ministry at the Church of the Resurrection, following the [Minnesota Department of Health guidelines for COVID-19 When to Return to Work](#) adjusted with relevant instructions for Resurrection parish. **Note,** remain in contact with the Pastor and Parish Administrator of Resurrection to receive support for your volunteer ministries. Too, the Pastor and Parish Administrator will communicate on your behalf any

immediate changes in your ministry participation to the relevant Resurrection staff ministry director, respecting appropriate confidentiality.

**IF YOU WERE IN CLOSE CONTACT WITH SOMEONE WHO HAS COVID-19**

In general, close contact means you were within 6 feet of a person who has COVID-19 for 15 minutes or more over a 24-hour period starting from two days before the illness onset until the time the patient isolated. However, even shorter periods of time or longer distances can result in spread of the virus. This could include someone you live with.

- Stay home from ministry activities or the Resurrection facility for 14 days from the last time you had contact with the person who has COVID-19.
- Report to the Pastor and Parish Administrator what you have experienced.
- Consider getting tested. It is best to wait at least 5 days after you were close to the person with COVID-19. If you get tested too soon, the test may not be able to detect the virus. Testing is the preferred action to measure persisting risk of spreading COVID-19.
- Even if you test negative for COVID-19, you need to stay home the full 14 days. It can take this long for symptoms to appear.
- Stay apart from others and do not share anything that others touch: phones, doorknobs, knives and forks, etc.
- If you do not get sick, you can go back to work after 14 days. Consult the Pastor and Parish Administrator before reentering the Resurrection facility.
- If you get sick or test positive, continue to stay home and follow the instructions below for people who have COVID-19 or COVID-19 symptoms.

**IF YOU TESTED POSITIVE FOR COVID-19 (including ASYMPTOMATIC) OR HAVE COVID-19 SYMPTOMS:**

- Stay apart from others and do not share anything that others touch (phones, doorknobs, knives and forks, etc.). Wear a mask if you have to be in the same room with others.
- Report to the Pastor and Parish Administrator what you have experienced.
- Stay home until all three of these things are true:
  - It has been at least 10 days since your symptoms first started, **AND**
  - You are fever-free for 24 hours, without using fever reducing medicine, **AND**
  - Your symptoms of COVID-19 are receding.
- You may need to stay home longer than 10 days if your symptoms are not improving or become worse, you have conditions that weaken your immune system, or you have been in the hospital. If any of these apply to you, please consult your doctor or clinic for instructions.

**IF YOU HAVE COVID-19 SYMPTOMS BUT HAVE TESTED NEGATIVE:**

- If you receive a negative test result but have symptoms, consult to your doctor or other health care provider.
- If they say you have a different illness or your symptoms are from a chronic condition, follow their instruction for how long to stay home.
- If they cannot identify your symptoms as being from another illness or condition, stay home from ministry and other settings until you do not have a fever and you feel better, meaning your symptoms have improved enough that you feel well enough to go about your daily activities.

Check in with the Pastor or Parish Administrator if you have any questions about returning to ministry at Resurrection at any time. Thank you for all you are doing to follow and support Resurrection's operating posture to help keep one another, and our parishioners, safe and healthy. Please stay vigilant and continue to follow our established procedures so we can do our part to protect the health of our Resurrection leadership team and parishioners.

Other methods of operating with caution for your personal consideration, not mandatory:

**Health Screenings.** Complete your own daily health screening for each day you enter the Resurrection building. Screen for symptoms of the common cold, flu, or [COVID-19, as described by the Minnesota Department of Health](#). This daily provides important health confirmation for each person who enters Resurrection. Thank you for your daily attention to this responsibility.

Watch other helpful videos from the Minnesota Department of Health to learn more about [how to prevent the spread of cold, flu, or COVID-19 within our community](#).

Our Coronavirus Task Force continues to monitor the reported COVID-19 cases and trend lines for our Rochester, MN community. Resurrection will be sure to pass along any new information we receive as we navigate through this pandemic and continue to serve our parishioners. In the meantime, thank you for reviewing and using these important resources to ensure healthy habits for the benefit of each other and our parishioners.