



CHURCH OF THE
RESURRECTION
CATHOLIC CHURCH

*"Amen I say to you, today you will be
with me in Paradise."*

Luke 23:35-43

November 20th, 2022
Our Lord Jesus Christ, King of the Universe

An Ever-growing Eucharistic Community Boldly Serving Others Through God's Love

Sacrament of Reconciliation:

Saturdays: 9:15 am - 10:15 am

Daily Mass: 8:30 am Monday - Friday

Weekend Mass Schedule

Saturday: 8:00 pm

Sunday: 8:30 am

Sunday: 10:30 am

Rosary:

Saturdays: 7:30 pm

Weekdays: 8:10 am Monday - Friday

Office Hours Mon-Fri 9:00 am - 4:00 pm

1600 11th Ave SE Rochester MN, 55904 • 507-288-5528 • www.rescathroch.org



Weekly Words from The Rock

Eucharistic Symbols

According to the Second Vatican Council document "Lumen Gentium," the Eucharist is "the source and summit of the Christian life." Through the Church's history, it has used a variety of symbols to represent the Eucharist. The following is an overview of the most common.

1. Wheat. Wheat is a cereal grain with seeds that are ground into flour that is used as the main ingredient for bread. Jesus is the bread of life, the bread that came down from heaven. Sometimes wheat is represented by a single head of grain, or by a shock or sheaf of wheat, or a bunch of cut stalks bound together in a bundle.
2. A loaf of bread. Bread is the staple food of physical life, and Eucharistic bread is the staple food of the spiritual life. When Jesus fed the crowd of 5,000, he used five loaves of bread. When he fed the crowd of 4,000, he used seven loaves of bread. At the Last Supper, he took a loaf of unleavened bread, said the blessing, broke it and, giving it to his disciples, said, "Take and eat, this is my body."
3. A basket. A basket is a container for bread. When Jesus fed the 5,000, he began with a basket of five loaves, and afterward there were 12 baskets of leftover bread. Likewise, when Jesus fed the 4,000, he began with a basket of seven loaves, and afterward there were seven baskets of leftovers.
4. Fish. One, two or three more fish serve as a symbol for the Eucharist. When Jesus fed the 5,000 – a miracle that prefigured the Last Supper and the Eucharist – Jesus used two fish, and when Jesus fed the 4,000, he also used two fish. After Jesus rose from the dead, he appeared to his disciples, and to prove his real presence, he ate fish before them. When he appeared at the Sea of Galilee, there was a charcoal fire with both bread and fish that Jesus gave to his disciples to eat.
5. Loaves and fish. Loaves and fish – or "fishes" – were part of the Jesus' Eucharistic miracles and the meal Jesus shared with his disciples after the resurrection.

6. A host. A host is a round piece of unleavened bread which is consecrated and becomes the body of Christ or the Blessed Sacrament. The term comes from the Latin word "hostia," which means sacrifice, and Jesus sacrificed his body on the cross.

7. A cluster of grapes. Grapes are crushed into juice that is fermented into wine. Jesus used wine at the Last Supper, and he declared that it is his blood, the blood of the covenant, which would be shed on behalf of many for the forgiveness of sins.

8. A cup or chalice. Jesus used a cup for the wine at the Last Supper, and a chalice is used for the precious blood at Mass.

9. Droplets of blood. Jesus offered his blood at the Last Supper, shed his blood on the cross, and communicants receive his blood during holy Communion.

10. A ciborium. A ciborium is a sacred vessel used as a container for the hosts at Mass and to reserve the Blessed Sacrament in the tabernacle.

11. A monstrance. A monstrance is a large, ornate receptacle used to display the Blessed Sacrament for Benediction or Eucharistic adoration.

12. A paten. A paten is a flat plate used for a single larger host or a number of smaller ones.

13. The altar. The altar is the table where the eucharistic sacrifice is offered.

14. A lamb. Jesus is the lamb of God, and as he offered his body at the first Eucharist, he offered his body on the cross.

All of these symbols to help us understand the Eucharist. It is nothing short of amazing. Again, this is an overview of the most common. It is not exhaustive list. What other symbols can you think of which represent the Eucharist?

(Taken from *The Catholic Spirit*, written by Father Michael Van Sloun, February 21, 2019, page 16B).

The Wisdom of Fulton Sheen

I have been reading a book entitled *The Wisdom of Fulton Sheen*. The book shares a thread of Bishop Sheen's wisdom for each day of the year. In the weeks ahead, I would like to share some of his wisdom.

April 24 – "To do God's will until death, that is the inner heart of all holiness."

Till next week! Father Peter Schuster

Parish News



Isaiah Olsem, our Seminarian will give a short presentation on how to pray Lectio Divina with scripture, followed by a short bible study, "Praying with the Gospels" at Resurrection today, November 20th and December 11th, from 9:40-10:20 am (in between Sunday Masses) in the conference room. All are welcome to attend.

There is no fee, nor signup – you are welcome to attend any session. This is not a Bible Study that you need to read and prepare before coming to the sessions.



Resurrection's Pictorial Directories are available for pickup in the Gathering Space for families that were photographed for the directory.



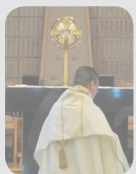
Knights of Columbus Breakfast

will be for the benefit of one of our seminarians, Michael Szymanski

Please stop in to meet him and have a great breakfast after our Sunday Masses.



Catholic Charities of Southern Minnesota 2022 Baby Bottle Campaign ends Nov 30th. Please return your bottle before November 30, 2022. The Baby Bottle Campaign is sponsored by the Diocese of Winona-Rochester and Catholic Charities' Pregnancy, Parenting and Adoption Program.

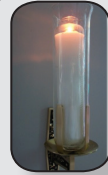


RESURRECTION'S HOLY HOUR

with Benediction

Tuesday, November 22, 2022

6:00 -7:00 pm



Dedication Candle

Nov 19th - Nov 26th

†Leland Ferden

†Spheno Thanh Huynh

CASH CALENDAR RAFFLE #2

Weekly winner of our \$50 cash calendar raffle is Tom Lund.



Congratulations, Tom!

How can I purchase 1 or more tickets? Parishioners who have purchased raffle tickets in the past 2 years have received a letter with 3 tickets enclosed. Tickets will also be available for purchase in the Church Office during their posted hours. Watch for other opportunities too!

Perpetual Eucharistic

Adoration Chapel

24 hours

7 days/Week



We are in need of Adorers. Call the church office at 288-5528 for more information on how to sign up for an hour of Adoration.

Operation One More is in its 5th year of providing holiday food bags to food insecure families with young children in our community. Last year we were able to reach over 100 families, totaling 540 individuals.

Food is delivered as a gift to these families the week before Christmas. It is our hope that we are able to bring a bit of joy during the, often financially stressful, holiday season. Please consider donating non-perishable items to the collection bins located in the gathering space (see insert). Monetary donations are also welcome for the purchase of milk, bread and turkeys and any additional food needed to fill the bag. Checks payable to Operation One More and drop off in the office or church collection baskets.

Liturgical Ministries for November 26th/27th

If unable to fulfill your ministry as scheduled, please request a substitute. Thank you.

Are you interested in serving in a Resurrection Liturgical ministry? Contact Michelle Perrier, Music and Choral Director, Coordinator of Liturgy at michellep@rescathroch.org.

Lectors

8:00 pm Therese Schoenfelder
8:30 am Josephine Washnieski,
Denise Koster
10:30 am Thomas Kelly, Marilyn Baker

Greeters

8:00 pm Tara Engel, Lee Witter
8:30 am Nancy Brehmer, Gloria Flicek,
Larry Flicek
10:30 am Fran Filzen, Shelley Filzen

Sacristans

8:00 pm Judith Pelowski
8:30 am Char Robinet
10:30 am Bob Voss

Servers

8:00 pm Ari Jones, Stefan Jones
8:30 am Avery Washnieski
10:30 am Chase Boehmke, Fiona Robertson

Ushers

8:00 pm John, Kelton &
Reilyn Schoenfelder
8:30 am Kenneth Mueller, Char Robinet
10:30 am Gordon Robertson, Kelly
Schreiner, Char Stocke

Extraordinary Ministers

8:00 pm Ryann Witter, B1, Connie
Curtiss, B2, Theresa Root, B5,
(IF NO DEACON)
8:30 am Carrie Carroll, B1, John-Howard
Carroll, B2, Timothy Geisler, B5
(IF NO DEACON)
10:30 am Regina Boehmke, B1,
Brenda Tschann, B2
Denise Kelly, B5, (IF NO DEACON)

Grieving during the Holiday Season -

Holiday's can be very hard on someone who is grieving.

(Article submitted by Randy Stocker—Author of Hugs Help <https://www.amazon.com/author/hugshelp>)

Ten ways to help include:

For the Griever:

1. Acknowledge that the holiday season will be tough. Someone very important to you is no longer around to enjoy the holidays with you.
2. Allow yourself to grieve by feeling and understanding the pain, joy, sadness, anger, and loneliness. It is OK to feel these emotions.
3. Create a new tradition to honor those who have died. Examples might include:
 - a. Set an extra plate or leave an empty seat at the dinner table to honor your loved one.
 - b. Buy a commemorative ornament for the Christmas tree
 - c. Ask family and friends to share stories about your loved one
4. Set realistic expectations for yourself. Don't overdo it during the holiday season. You need time to grieve and to process your loss.
5. Ask for help. Your family and friends really do want to help you in any way that they can. Tell them what they can do to help make the holiday season better for you.

For the Friends and Family:

1. Don't tell someone who is grieving what to do during the holiday season. The holiday season is already hard enough on a griever without having someone tell them how or when to decorate or what seasonal events to attend. Leave it up to the griever to decide and then fully support their decision.
2. Try to understand that it is OK for the griever to be sad or angry during the holiday season. They need to grieve. Being sad can be healthy for them.
3. Understand that you cannot make the holidays better for someone who is grieving. You CANNOT FIX GRIEF. Just be a good friend instead.
4. Share a memory or tell a story about the deceased person. This is a great way to reach out while acknowledging the loss.
5. Ask the griever what might make them feel better during the holiday season. Take the lead from them, and then help them accomplish what they want to do. Always ask first before offering your ideas and respect and honor their wishes.

Weekly Calendar with Readings

Monday 21 Nov	Rv 14:1-3, 4b-5/Ps 24:1bc-2, 3-4ab, 5-6/Lk 21:1-4 <ul style="list-style-type: none">• Rosary 8:10 am; Daily Mass 8:30 am• Office Hours 9:00 am - 4:00 pm• 3rd Grade Learning Centers 4:00 - 7:00 pm• Faith Formation Classes Gr 1, 2, 4 & 5 6:00 pm
Tuesday 22 Nov	Rv 14:14-19/Ps 96:10, 11-12, 13/Lk 21:5-11 <ul style="list-style-type: none">• Rosary 8:10 am; Mass 8:30 am• Office Hours 9:00 am - 4:00 pm• Holy Hour 6:00 pm• St. Vincent de Paul Society Meeting 7:00 pm• KC Meeting 7:00 pm
Wednesday 23 Nov	Rv 15:1-4/Ps 98:1, 2-3ab, 7-8, 9/Lk 21:12-19 <ul style="list-style-type: none">• Rosary 8:10 am; Daily Mass 8:30 am• Office Hours 9:00 am - 4:00 pm
Thursday 24 Nov	Rv 18:1-2, 21-23; 19:1-3, 9a/Ps 100:1b-2, 3, 4, 5/Lk 21:20-28 <ul style="list-style-type: none">• Rosary 8:10 am• Daily Mass 8:30 am• Office Closed
Friday 25 Nov	Rv 20:1-4, 11–21:2/Ps 84:3, 4, 5-6a and 8a/Lk 21:29-33 <ul style="list-style-type: none">• Rosary 8:10 am• Daily Mass 8:30 am• Office Closed
Saturday 26 Nov	Rv 22:1-7/Ps 95:1-2, 3-5, 6-7ab/Lk 21:34-36 <ul style="list-style-type: none">• Sacrament of Reconciliation 9:15-10:15 am• Saturday Mass 8:00 pm
Sunday 27 Nov	Is 2:1-5/Ps 122:1-2, 3-4, 4-5, 6-7, 8-9/Rom 13:11-14/Mt 24:37-44 <ul style="list-style-type: none">• Mass 8:30 am;• Mass 10:30 am• Music Ministry 11:45 am



Michelle's



Music & Choral Director &
Coordinator of Liturgy
choirdirector@rescathroch.org

So we can better prepare ourselves for Christ, we as the Church of the Resurrection will focus our attention on the Corporal and Spiritual Works of Mercy this Advent. Through these Works of Mercy, we can set Christ first and foremost in our minds and hearts by serving him through the eyes of the poor, the lonely, the hurting, the lost, and all of God's children. By the end of the season, I pray you think of them like I do—not as "Works" of Mercy, but as GIFTS of Mercy!

Here's how it will work: This weekend, you'll take a packet of 5-minute daily reflections home with you. Every day, read and pray the reflection for that day. (By the way, these reflections are great to use by yourself or as a family.) After learning more about our relationship and service to Christ, we will all come together on the 3rd Sunday of Advent, December 18th, after the 10:30am Mass and the KC breakfast. Together, we will have the opportunity as a community to perform each "Gift" of Mercy to those in need.

This is one of those opportunities I mentioned last week that we can use as an offering to God. In this afternoon together, we can place the stress and worries of the season aside and focus on our relationship with him.

So please, take the daily reflection packet home with you today, and don't hesitate to reach out to me with any questions you may have about our Advent focus this year on the Corporal and Spiritual Gifts of Mercy.

God Bless, Michelle Perrier

Song of the Week: "Ready the Way"-Curtis Stephan

Gifts of Mercy

*"Whatever you did for one of these
least brothers of mine, you did for me."*
Matthew 25:40

This Advent, we will learn more about giving through the Corporal and Spiritual Works of Mercy. We invite you to join us through daily reflections written for both families and individuals. We will conclude with *Gifts of Mercy*, a community event where we will use what we have learned to give to those in need.



Mass Intentions

Mon	Nov 21st	8:30 am	†Richard Kerndt
Tues	Nov 22nd	8:30 am	†Thomas Gardella
Wed	Nov 23rd	8:30 am	†Vern Strauss
Thu	Nov 24th	8:30 am	†Genevieve Lageson
Fri	Nov 25th	8:30 am	†Anthony "Tony" Bugni
Sat	Nov 26th	8:00 pm	For the Parish
Sun	Nov 27th	8:30 am	†Frank & Clara Voss
Sun	Nov 27th	10:30 am	†Joseph & Kathleen Deutsch

Community News

Volunteers Needed to Assist People with their taxes. The Volunteer Income Tax Assistance (VITA) program helps low income clients to file their taxes and recover property tax and rent relief. If you enjoy working with computers and helping people, consider volunteering by contacting RochesterTaxVolunteers@gmail.com for more information. Volunteers are trained in federal and MN taxes and will devote 4 to 16 hours per week from Feb 1st to April 15th Training begins in December. This program is sponsored by Salvation Army, 125 Live, and with the support of United Way of Olmsted County. The service is made possible with a grant by the state of Minnesota. Denise Kelly and Kevin Sutter volunteer with VITA and would be happy to talk with you about their experiences.

Would you like to make a difference in the lives of middle school students? Co-Cathedral of St. John the Evangelist Middle School has immediate openings for several positions. Positions available are:
Middle School Science Teacher (Full Time)
Paraprofessional (6 hours per day)
Building Maintenance Manager (4 hours per day)
Anyone interested should complete an application by visiting <https://www.rcsmn.org/about/employment> and/or contact Principal Matt Langsdale at 507-282-5248 or mlangsdale@rcsmn.org.

Women of Pax - Advent Retreat - Saturday Dec 3rd, Mary at the Cross, presented by Ben Peters, Seminarian at St. Paul Seminary. Mass at 9:00am; 9:45am, Presentation; 10:30am, Food and Fellowship. All women are invited to attend this morning of prayer and reflection. Pax is located at 4135 18th Ave NW, Rochester.

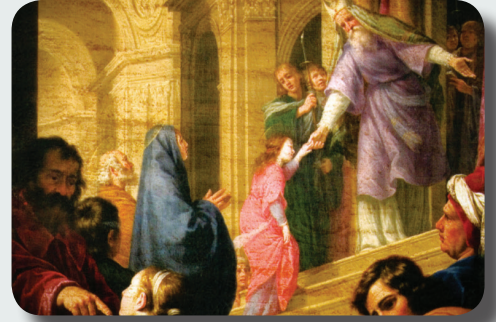
Faith Formation



News from Stacey, Grades 1-5, Family Ministry, dre1to5fm@rescathroch.org

Grades 1-5: We have Faith Formation classes for grades 1, 2, 4, and 5 on Monday, November 21st at 6:00pm. The 3rd graders and parents will be participating in their learning centers on the poor and homeless. Centers will be open 4:00-7:00pm in Fr. Zenk Hall and take about an hour to complete.

A Day to Honor Mary: Monday, November 21st is the Presentation of the Blessed Virgin Mary. The Presentation of Mary reminds us that we can go on a pilgrimage of thanksgiving, to give thanks to God for a blessing received. In their gratitude, St. Joachim and St. Anne, Mary's parents, pledged to dedicate Mary to God and give her to His service in the temple. From the beginning of her life, Mary was dedicated to God. She herself became a greater temple than any made by hands. God came to dwell in her in a marvelous manner and sanctified her for her unique role in God's saving work.



First Reconciliation Families: First Reconciliation will take place during the Communal Penance Service on Tuesday, December 6th at 6:30pm. Families are practicing how to examine their consciences and memorizing the act of contrition. If you have not turned in your child's purple sac prep form, baptismal form, and fee, please get them to me this week so your child may receive the sacraments. If you have any questions, contact me.



News from Sheila, Birth-KG, Grs 6-12, RCIA, dresscm@rescathroch.org

Thank you to our adult mentors for Year Two Confirmation Candidates! The adult mentors are facilitating discussion using the YDISCIPLE study *Never Alone-Life with the Holy Spirit*. The discussions center on truth that every Catholic Christian is invited into - a living relationship with the Holy Spirit. It is in living life with the Holy Spirit that we find answers to some of teens' deepest longings: Who am I? Where do I belong? How do I know what to do with my life? Is this all there is? Combining personal testimony with catechesis, this series was created to bring about fruitful discussion with students who are preparing to be confirmed.

Patrice Steier and LeAnn Mueller are mentoring: Caitlyn Benitez, Sally Boggust, Julia O'Connell, Stella Pelowski, Amanda Spors, Autumn Strauss, Lily Urban, and Josie Washnieski.

Mary Robak and Char Stocker are mentoring: Olivia Brown, Kina Ferguson, Marlee Hoekstra, Callie Madsen, Cassie Madsen, Lawrence Meilander, Maggie Mitchell, and Carmel Villarama.

Bob Robak and John O'Meara are mentoring: Joseph Dvorak, Jaden Fernandez, Zach Guyer, Nathan Kraft, Brandon Leang, Sean Maloy, James Nelson, Aaron Nepl, Colton Rich, Langston Rider, and Nicholas Uhlmann.

Lord, help our confirmation candidates as they open their hearts and welcome to know you, the one true God, and Jesus Christ, whom you have sent. May the grace of the Holy Spirit guide the heart and lips of our adult mentors. Lord, assist the candidates and mentors to remain constant in loving and praising you as they reflect the light of Jesus to each other in their sessions. May they be a witness to the Gospel and a minister of your truth. Amen.